



Liden & Denz  
Intercultural Institute of Languages

ST PETERSBURG • MOSCOW • RIGA

LEARN RUSSIAN

# Учите русский



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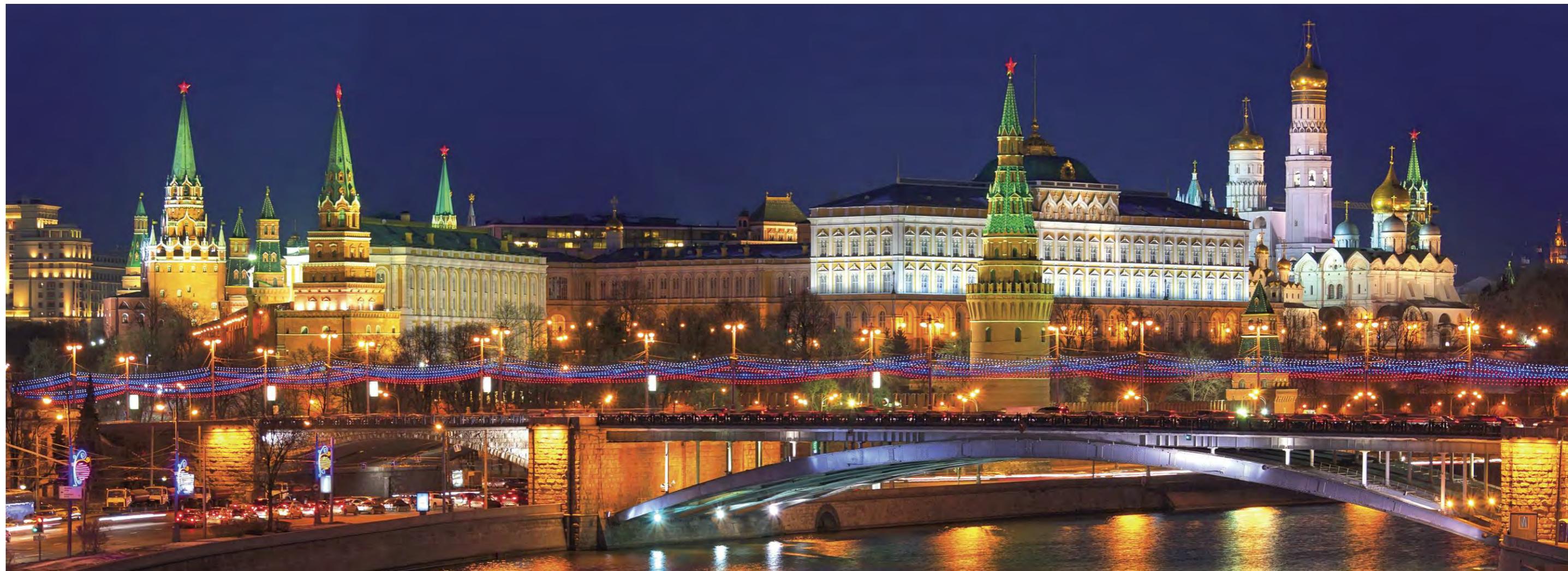
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*“Satisfied with everything! Service is polite and professional. Extremely happy with all the teachers who are superlatively good - I was privileged to be taught by them, and Liden & Denz is privileged to have them as teachers.”*

**Matthew Downey** United Kingdom





*I'm here for two weeks this time and I've been here many times. The fact I've come back many times means I highly appreciate the way they do things here. It's a good combination of Swiss and Russian professionalism and thoroughness!*

Lodovico Simone Italy



WELCOME

# добро пожаловать

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On behalf of Liden & Denz, I would like to welcome you to our Russian language course brochure. Here you'll find an outline of the range of courses we provide, which offer a wealth of opportunities for you to study this historic language in a way that best suits your needs. And with our varied activity programme designed to make the most of the cultural opportunities on offer, your understanding of Russian will extend beyond simply the language.

Whatever your reasons for learning Russian today, you are in good company as interest in the language of Pushkin and Tolstoy is no longer confined to an academic sphere. Demand for modern and communicative Russian is on the increase, be it for professional purposes or pure pleasure!

Our schools are located in three of the regions most historic, beautiful and culturally rich cities:

- **St. Petersburg was the jewel of Imperial Russia and is an UNESCO World Heritage site**
- **Moscow is Russia's economic powerhouse and Europe's largest metropolis**
- **Riga is the beautiful Latvian capital, full of charm and history.**

These three fantastic centres are the perfect locations in which to learn Russian, while immersing yourself in the culture and enjoying the legendary hospitality.

I co-founded Liden & Denz in 1992 and it is now one of the oldest, privately-run Russian language institutes. All three of our institutes are regularly inspected by international accreditation bodies and operate a transparent quality assurance scheme. I am proud of the worldwide reputation we have gained as a first-class training facility, which has largely been through the hard work and dedication of our staff.

We hope you choose to study Russian with us and, whichever centre you choose, you will be assured of a warm welcome.

**Walter Denz** M.Sc.  
OWNER

## WHY STUDY WITH US?

## 06 Почему с нами?

With institutes in St. Petersburg and Moscow, Russia's premier cities for culture, tourism and business, and Riga, the historic and elegant capital of Latvia, Liden & Denz offers the finest destination in which to study Russian. It's not just about the quality of the location, however, but the quality of the teaching which sets our courses apart from the competition.

- **Maximum flexibility and choice**

Courses at all levels are run year round, with dates, programmes and prices identical for all schools.

- **Excellent facilities**

Our schools are located in the historic centres of our destination cities and all are equipped with modern, well-lit classrooms and free Internet access.

- **Quality control**

A clear course syllabus, frequent host family checks, detailed student questionnaires and clear complaint procedures underline our commitment to our students.

- **Accredited and inspected**

Our St. Petersburg and Moscow schools are the only Russian members of the IALC, International Association of Language Centres ([www.ialc.org](http://www.ialc.org)), and all our centres are accredited members of Eaquals ([www.eaquals.org](http://www.eaquals.org)).

- **telc Examination Centres**

Liden & Denz is the only telc Examination Centre for Russian in both Russia and Latvia. telc offers four Russian language certificates, covering all levels from A1-B2.

- **Historic locations to explore**

Our activities programme is designed to make the most of the exciting range of cultural, sightseeing and leisure opportunities on offer at our three centres.

- **Home from home**

All our institutes offer a relaxed, friendly atmosphere and you can select your preferred accommodation option from our varied range. Whichever you choose, you will be well looked after from the moment we pick you up from the airport or railway terminal.

- **The professional choice**

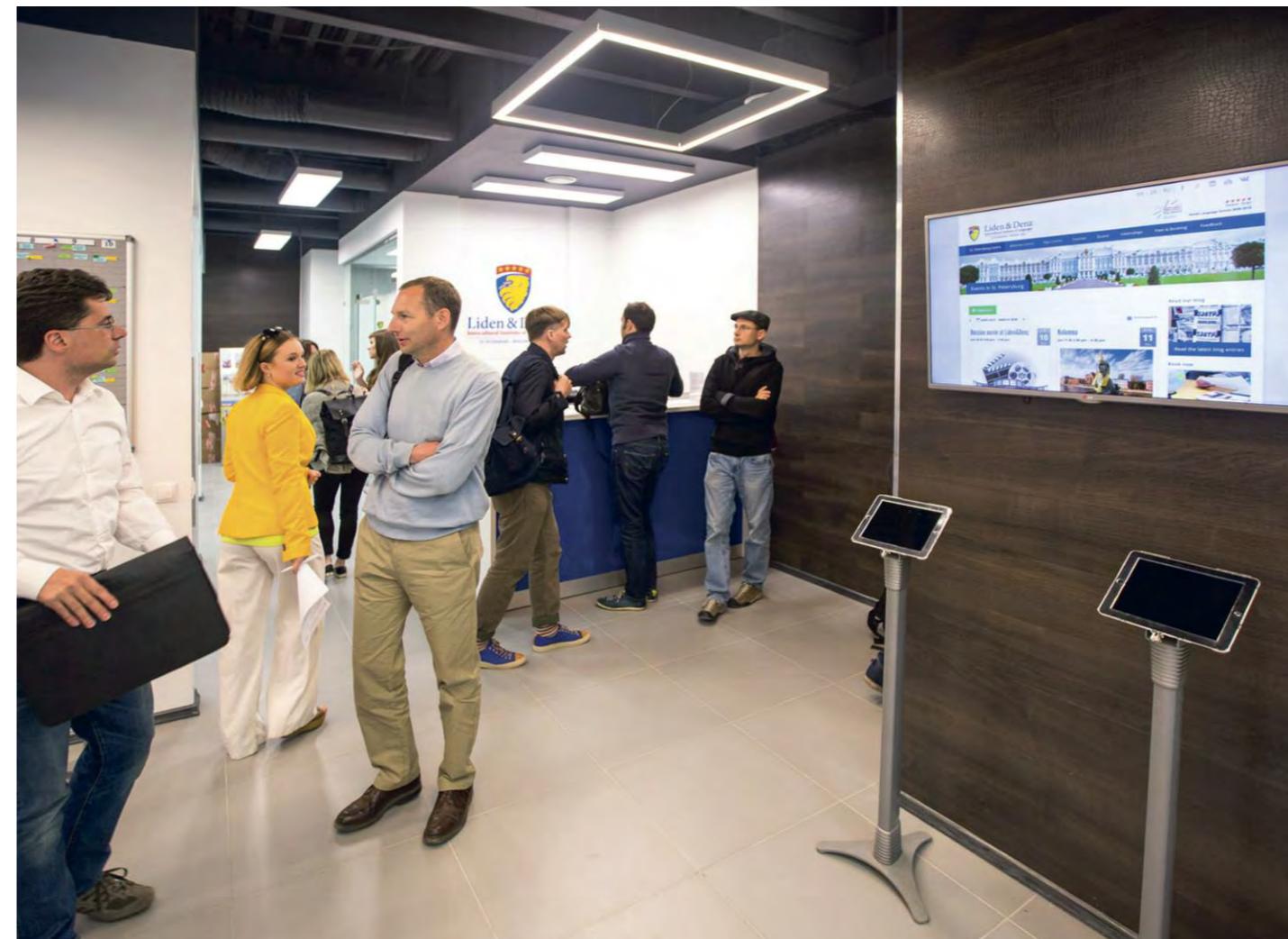
We are trusted to deliver quality Russian language tuition by a range of companies and organisations, from all over the world, including:

BP • Bayer, Lindt & Sprüngli • British Airways • British Council • Credit Suisse • Delegations of the European Commission • Deutsche Lufthansa • Embassies of Australia, Canada, New Zealand, Norway, Sweden & the USA • European Bank of Reconstruction & Development • Foreign Ministries of Finland & Switzerland • GE Oil & Gas • IKEA • International Committee of the Red Cross • LG Electronics • Ministerie van Defensie (Netherlands) • Mitsubishi Electric Europe • Nestlé • Neue Zürcher Zeitung NZZ • PriceWaterhouseCoopers • Radio France • Renaissance Capital • Reuters • Samsung Electronics • Schering AG • Scotland Yard • Siemens AG • Suzuki • Swiss Television SFDRS • The Economist • Toshiba • UBS • UK Foreign and Commonwealth Office • USAID • US Military • Volvo • Yamaha



*I took a Russian language course through Liden & Denz lasting one month, and I wish I could stay longer! The Russian instructors are very kind, motivating, intelligent, professional, and they really push you to learn.*

Allison Heitmiller USA





*I had an overall great experience at Liden & Denz. The school is located in the city centre, very close to the Nevsky Prospekt. Great relationship between students and teachers. Comfortable class rooms with iPads and WiFi available.*

Maksim Belinovich Switzerland



# ST. PETERSBURG

# Санкт-Петербург 09

The city of St. Petersburg was founded in 1703 by the visionary Tsar Peter I, Peter the Great, who aimed to build a capital to rival the great cities of Europe. With its majestic palaces, wide boulevards and numerous canals, at times you feel you could be in Paris, Vienna or Amsterdam, but ultimately it's uniquely Russian. While it may no longer be Russia's political capital, there is no doubt that St. Petersburg remains the country's cultural capital.

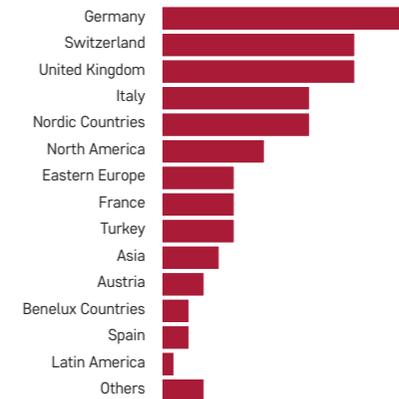
The Hermitage is a 'must-visit' and houses one of the finest art collections in the world. But that it just one of many galleries and museums, not to mention theatres and architectural gems waiting to be discovered. Although it looks beautiful in the winter snow, during the summer the city really comes alive when the 'White Nights' begin and the sun scarcely sets.

### Liden & Denz St. Petersburg

Our school lies just off the Arts Square, between the St. Petersburg Philharmonia Concert Hall and the Passage shopping arcade. The square is surrounded by magnificent buildings such as the Mikhailovsky Theatre and the Russian Museum. You cannot be more central!

- A 5 minute walk from the Nevsky Prospekt Metro
- 13 spacious bright classrooms
- Wall-mounted LCD screens in all classrooms
- Free WiFi
- Area with vending machines
- Courtyard with 24-hour café

Student Mix by Country or Region



Student Mix by Age



# 10 MOSCOW Москва

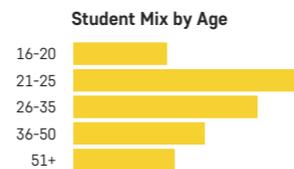
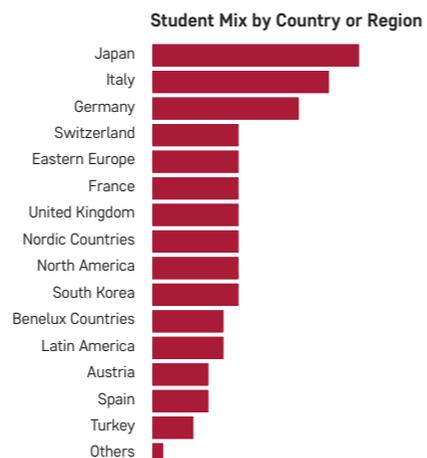
As Russia's capital, Moscow has been at the heart of the country's economic growth since the fall of communism. This change is evident in its architecture, with imposing Stalinist buildings fighting for attention against modern glass and steel skyscrapers, and its shops, where traditional Russian retailers do battle with up-market global designer brands. It all helps make Moscow one of the most vibrant cities in which to study the Russian language.

Nowhere captures Moscow's dramatic history better than Red Square, where the Kremlin - a fortress, a palace and the iconic seat of power for the communist regime - has witnessed first-hand the turmoil of 'Mother Russia'. Here too, Lenin's Tomb rubs shoulders with the exuberant St Basil's Cathedral. But Moscow is now a 21st century capital; a fast-paced 24-hour metropolis.

### Liden & Denz Moscow

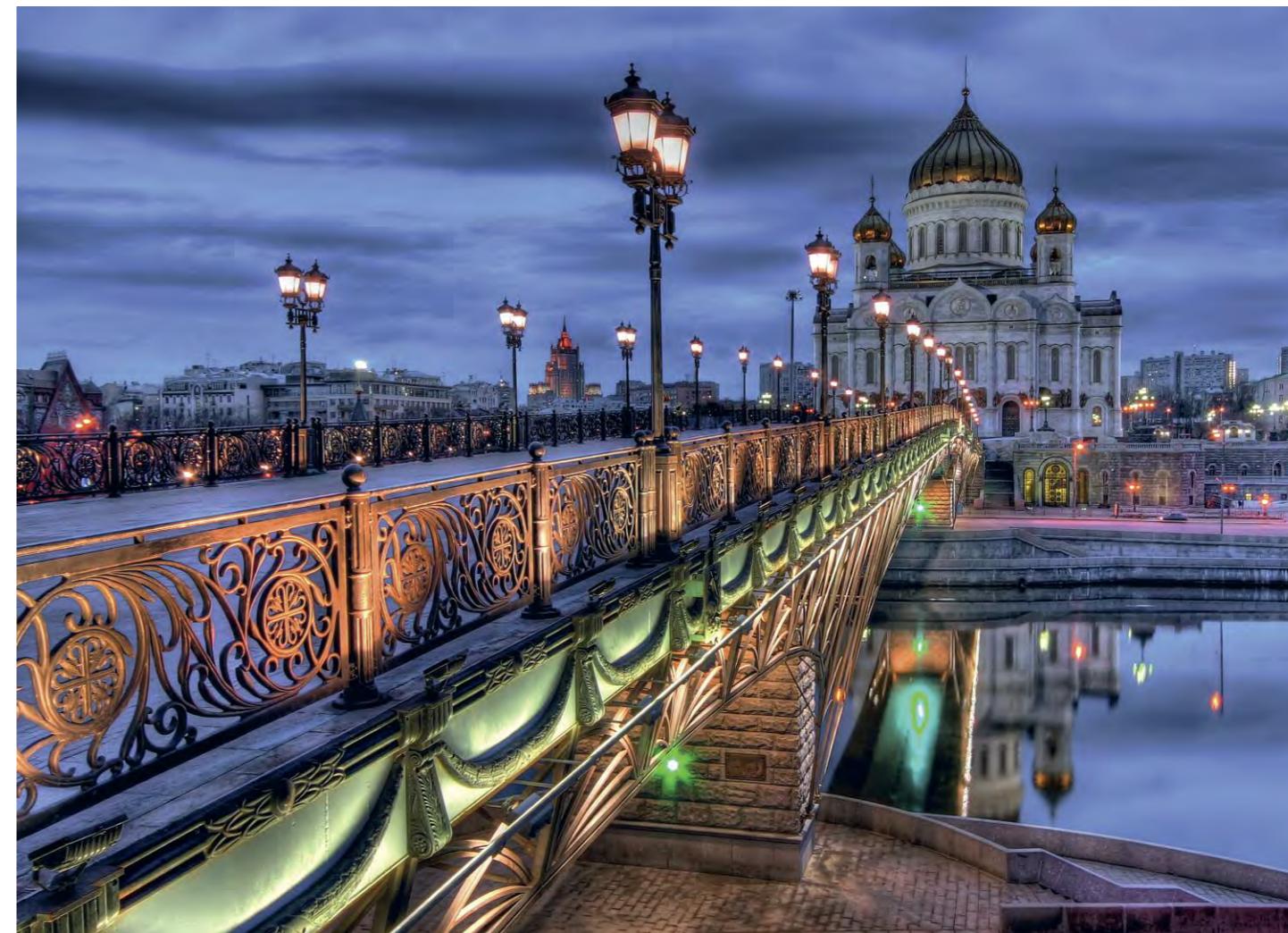
Our school is centrally-located, a short walk from the Belorusskaya Railway Station, where trains from Berlin and Warsaw arrive. Our premises are on the ground floor of a building owned by the Russian Ministry of Foreign Affairs, where many international diplomats and press correspondents also have offices.

- Less than 5 minutes walk from the Metro Station
- 11 classrooms
- Wall-mounted LCD screens in all classrooms
- Area with vending machines
- Free WiFi



*I studied for nearly three months at Liden & Denz Moscow Language Institute and thoroughly enjoyed the experience. In just a short period of time, I was able to rapidly improve my Russian grammar as well as build confidence with speaking.*

**Andrew Krause USA**





*I started learning Russian from scratch and reached a remarkable level within a short time thanks to the teachers at Liden & Denz Riga. Definitely, I would like to go back to Riga and highly recommend it!*

**Robin Richner** Switzerland



RIGA

Рига

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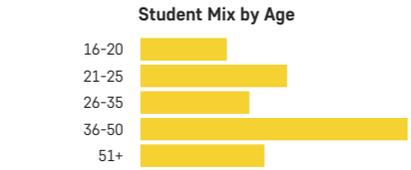
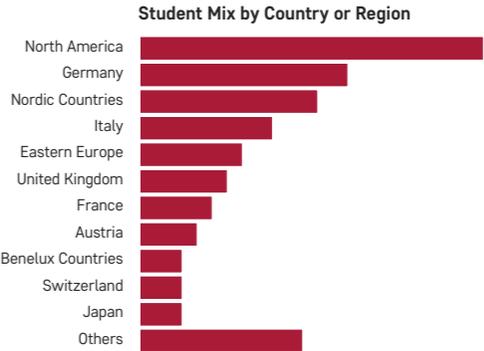
Riga, the historic capital of Latvia, is the largest city in the Baltic republics. The country gained independence from the Soviet Union in 1991, but the high population of ethnic Russians means that Riga has a clear majority of Russian speakers, making it an excellent centre for studying the Russian language. Latvia joined the European Union in 2004 and since then Riga has become a vibrant hub for businesses operating between Russia and the EU.

Riga has some of the finest Art Nouveau architecture anywhere in Europe, but its history goes back much further. The Vecriga, the medieval heart of the city, is home to the Town Hall Square with the iconic House of the Blackheads. On the outskirts of the city lies Jurmala, a wonderful beach resort with beautiful parkland - a great place to escape the busy city centre.

**Liden & Denz Riga**

Our school sits on a city boulevard, between the Latvian National Opera and the Central Railway Station. There are plenty of cafés, bars and restaurants in the local area and the Vecriga is a short walk away. The school occupies the 2nd floor (no lift) of a historical building and facilities include:

- 10 spacious classrooms
- Lounge area with vending machines
- Free WiFi
- Courtyard area for relaxing and Summer barbecues!



## THE SECRET OF OUR SUCCESS

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# Секрет нашего успеха

At all Liden & Denz Institutes, our primary focus is to develop as quickly and accurately as possible our student's communication, reading and comprehension skills in the Russian language. The investments we make in our schools, the assessment and development of new course materials and, most importantly, in the continual training and support of our staff is always aimed at improving our award-winning courses and getting positive outcomes for our students.

We focus on mastering the Russian language in various communication situations, starting from colloquial interaction up to more proficient levels. We also offer training in reading Russian texts and newspapers. The learning objectives, based on the Common European Framework of Reference for Languages (CEFR), are determined by the peculiarities of the Russian language and cover Beginner, Elementary and Intermediate levels.

### Our teachers

All our teachers are native Russian speakers and have an appropriate university degree. We pay particular attention to their professional development and regularly provide training in areas such as role-play and live discussions.

### Я люблю русский язык

This is our own textbook for beginner and elementary students of Russian, covering levels A0, A1 and A2. It is the result of several years of hard work by our academic team and has been extensively trialled by our intensive

students. The book is used in our classes and contains material for around 240 contact hours as well as links to over 100 audio files, which can be accessed via tablet or smartphone.

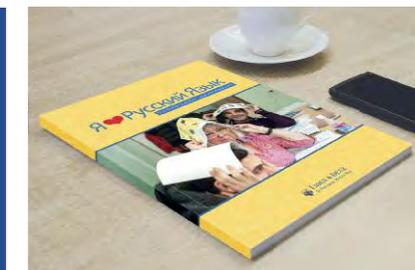
### At Liden & Denz Language Institutes you will:

- Learn how to communicate in everyday situations
- Develop your comprehension skills by first listening to adapted ways of speaking and before moving onto more authentic forms
- Learn how to use vocabulary based on your language competence
- Develop your reading and writing skills by doing exercises at home as well as analysing and retelling stories, literary texts or official paperwork
- Learn how to give presentations and express your opinions in open discussions with fellow students
- Gain a better understanding of modern Russia by developing an awareness of a range of ethical, cultural and historical issues



*It has definitely been a good experience. I was positively surprised by the thoroughness of how they do things. The teachers are professional and experienced. I very much like the book the school created, which is well done and well structured.*

Hans Kurt Lübberstedt Switzerland





*I really appreciate that it is a well-organized company. I also like that the classes are small, as well as the fact that there's a proper group for everyone. I also enjoy Liden & Denz cultural activities, they are really interesting.*

**Robert Griesbeck** Germany



COURSE LEVELS

# Уровень владения языком



Our course levels are adapted from the framework of the European Language Portfolio. In our Group Course, we teach seven levels of Russian year-round (beginner to intermediate+) and ten over the busy summer period (beginner to advanced). Lessons last 50 minutes and the numbers shown below are averages, based on our experience of past students. Students enrolling for a One-to-One Course will need fewer lessons to pass from one level to the next.

Levels according to the European Language Portfolio (Council of Europe)	Teaching Level	Lessons weeks	Active Vocabulary	Exam Level
<b>A0</b> Beginner	A0 Beginner	20 lessons 1 week	50 words or constructions	
<b>A1</b> Elementary	A1 Elementary	60 lessons 3 weeks	200 words or constructions	
	A1+ Elementary+	100 lessons 5 weeks	600 words or constructions	telc A1
<b>A2</b> Pre-intermediate	A2 Pre-intermediate	100 lessons 5 weeks	1000-1200 words or constructions	
	A2+ Pre-intermediate+	160 lessons 8 weeks	1300-1500 words or constructions	telc A2
<b>B1</b> Intermediate	B1 Intermediate	140 lessons 7 weeks	1800 words or constructions	
	B1+ Intermediate+	100 lessons 5 weeks	2200 words or constructions	telc B1 TRKI-1
<b>B2</b> Upper Intermediate	B2 Upper Intermediate	200 lessons 10 weeks	3500 words or constructions	
	B2+ Upper Intermediate+	200 lessons 10 weeks	4500 words or constructions	telc B2 TRKI-2
<b>C1</b> Advanced	C1 Advanced	160 lessons 8 weeks	6000 words or constructions	TRKI-3

## GROUP COURSES

## 18 Групповые курсы

Our teaching method, in our small multinational groups, uses no intermediary language: we teach Russian in Russian from day one. This develops an ability to interact in Russian much faster and helps overcome any language barrier. Our communicative approach to teaching makes the educational process an enjoyable and efficient experience. Of course you will learn grammar alongside, but you will do so using new words and language skills adapted to daily situations.

**Standard Group Course**

This course of 20 lessons per week is available all year round, with a weekly intake of new students following a modular pattern of two-week units. Group courses operate from Monday to Friday with a minimum course length of two weeks and no maximum.

The curriculum is built up like a spiral, where each new level of language acquisition starts with the revision of previously studied grammar constructions, logically connected with different speech patterns. This has two advantages: group newcomers are able to feel involved in the learning process, while continuing students acquire new vocabulary based on previously acquired grammar material.

Groups are formed according to an assessment test, which is compulsory for all students. Standard group courses are available for A1-B2 levels all year. A very important minimum requirement for all group courses is passive knowledge of the Cyrillic alphabet.

**Intensive Group Course**

If you choose our Intensive Group Course, you will have 20 morning lessons with students following the Standard Group Course and 5 additional lessons, taught on two afternoons. Intensive Group Courses are offered all year in three different levels:

- **Elementary (A1/A1+)**
- **Pre-intermediate (A2/A2+)**
- **Intermediate (B1/B1+)**

Intensive Group Courses are also available at Upper Intermediate (B2/B2+) and Advanced (C1) levels when there is sufficient demand.

Please see page 17 for course level details.



*I have been extremely impressed by how fast I could learn with these guys. I took group lessons, 9 weeks, and was able to get from alphabet-level to "I can speak with mistakes but confidence" level.*

Abdul Omar France



## SPECIALIST COURSES

20 **Специальные курсы**

Specialist courses are designed to provide students with more targeted areas of study. Our One-to-One courses allow you to create a tailor-made study plan with your teacher to perfectly match your requirements. Most of our specialist courses are taken as additions to a Group or One-to-One Course and include: extra study towards 'formal exams', such as telc or TRKI; Russian for workers in the travel industry; and access to work experience with Russian host companies.

**One-to-One Courses**

Our One-to-One Courses are designed for students who require a very focussed area of study. You will be invited to specify your field of interest when completing the online booking form, so that we can pre-select material, establish a study plan and prepare specific vocabulary.

One-to-one courses are available in varying degrees of intensity: 15, 20, 30 or 40 lessons per week. For 30 lessons or more the student is taught by two teachers.

Individual courses can be booked throughout the year. The minimum course length is one week with each course starting on a Monday and ending on a Friday, though weekend classes can be organised on request. Participants may also book additional 5 lesson modules as a supplement to any One-to-One or Group Course.

**telc Exam Preparation Module**

Our special telc Exam Preparation Module gives students a clear understanding of what to expect in the telc exam and is essential preparation to help them attain a pass.

- 5 lessons scheduled for the week of the exam
- Mini-groups with a maximum of 5 participants
- Exams take place on Fridays and must be booked at least 4 weeks in advance

Liden & Denz is the only telc Examination Centre for Russian in Russia and Latvia. telc offers four Russian language certificates, covering levels A1-B2. The exam has both written and oral sections, and tests general language competence, focusing on communicative skills, rather than academic ones. The exams are closely aligned with the CEFR, guaranteeing international comparability of language competence, which is very important to successful career planning.

**Combination Courses**

These courses combine our standard Group or One-to-One courses with additional, more focussed study in a variety of business or cultural fields.

- **Russian for Special Purposes (RSP)**

These attractively-priced, professional courses are tailor-made for staff working in the following fields:

- **Hotel and tourism** (hospitality)
- **Airline staff** (flight attendants)
- **Alpine ski instructors.**

Students will join a standard group course (20 lessons per week) but receive an additional 5 One-to-One lessons per week tailored to their particular profession.

- **Language Plus**

Language Plus consists of 5 afternoon lessons, designed as mini-group modules, on Business Russian, Music or Literature. These modules can be taken year-round but can only be booked in addition to a Group or One-to-One course programme.

**Internships**

Liden & Denz is one of the first organisations to offer meaningful study and work programmes in Moscow, St. Petersburg and Riga. Although our staff supervise the students on their assignments, the experience with the host organisation is very authentic.

For legal reasons, most internships are unpaid and students should be aware that they will also need to cover accommodation and insurances costs.

To qualify for an internship, you will need to have at least an A2 level of Russian on arrival. You will also need to study for a minimum of four weeks in a standard Group Course or three weeks One-to-One in one of our institutes, prior to the start of the work assignment. The minimum age for internships is 18, however some organisations set a higher minimum. Internships can last from two weeks to half a year, depending on the requirements of our host organisations.

## ONLINE COURSES

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## Онлайн курсы

Our live, online courses have the same teachers and lesson content as the residential classes in our institutes. Lessons are conducted in exactly the same way, ensuring you benefit from our award-winning teaching methods. While these lessons are ideal for students who cannot attend our schools in person, they can also be used as preparation before a course at one of our institutes or for further study following a stay.

All you require is a computer with a microphone, a camera and an internet connection to see, hear and speak with your teacher, as if they were in the room with you. As well as conversing with your teachers in Russian, you will write and type grammar lessons, all from the comfort of your home or workplace.

There are three main reasons why online lessons may be the right option for you:

- **Remote study**  
If you can't come to one of our institutes, our teachers can come to your home or workplace via our online classroom.
- **Course preparation**  
Make the most of your study time at our institutes by beginning your classes online before you leave home.
- **Continued study**  
Continue your classes online when you return home with the same teachers, to continue developing your Russian skills.

Before you commit to buying one of our course packages, we invite you to book one free trial lesson so that you can see for yourself how the system works. Once you have used this lesson, you can purchase more. Your private language teacher will be one of our experienced classroom teachers, using the same teaching methods as in a real classroom.

**Signing up is easy:**

- [Go to lidenz.ru/lessons-online/](http://lidenz.ru/lessons-online/)
- [Register or login if already registered](#)
- [Book your free trial lesson or buy/book more lessons](#)
- [Follow instructions in confirmation email](#)
- [Login on the time and day your lessons starts](#)
- [Enjoy your first lesson!](#)



*I very pleased to have chosen Liden & Denz to learn Russian. The teachers are all well prepared and able to make their lessons interactive and interesting. They dedicated a lot of time to grammar and speaking, which is what I was interested in improving.*

Jessica Carrettiero Italy





*"I'm very satisfied with my stay at Liden & Denz. My host family was very nice. Great hospitality, very helpful and a different breakfast every day!"*

Gundrun Grundmann Germany



## ACCOMMODATION OPTIONS

# Варианты размещения

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When you're miles from home, studying in a foreign country, it's important that you make the right choice of accommodation so that you feel comfortable and relaxed enough to make the most of your precious time. Whether you're looking to stay in a hotel, rent a studio apartment, share a student flat or experience everyday life with a Russian-speaking family with Homestay, at Liden & Denz we have a range of options to suit a variety of preferences... and budgets!

- **Homestay**

Homestay, as the name suggests, is when you stay with a Russian-speaking family, in their home. Often this will be with a traditional family with children, however, we also have couples and single hosts.

The benefit of Homestay is that you can practice your new found language skills, while experiencing everyday Russian or Latvian life. Hosts are chosen because they are very sociable, so will take time to talk to you, as well as being patient, understanding and caring. They are also there to help with any problem that may arise during your Russian language stay.

We offer single rooms on a bed & breakfast or half board (breakfast and dinner) basis. If you are travelling with a family member or friend, we will do our best to provide you with a double room on request.

Hosts are personally known to the responsible staff member at the school and homes are regularly inspected to ensure high standards. Students are also given the chance to provide feedback through both entry and exit questionnaires.

- **Shared Flats**

If you want to enjoy a true student experience, this could be the option for you. Our flats have 3 or 4 single bedrooms, a shared bathroom and a kitchen with a washing machine. Bed linen is provided and all the flats have free WiFi. This option is no more expensive than Homestay, however meals are not provided.

- **Hotels and Hostels (Residences)**

Whether you are looking for accommodation in a great location, or that offers good value for money, or both, we are able to recommend a range of selected hotels and hostels. Contact us for further information.

- **Studio Apartments**

If you want to live on your own, we can help you rent an apartment. We can email you details of available properties to help you choose before you travel. Alternatively, you can stay with a host family or in a hotel for the first week to allow you to view apartments before you rent. Apartment prices are similar to rates for mid-range hotel rooms.



## ACTIVITY PROGRAMME

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# Культурная программа

Classroom studies are the main focus of our Russian language courses, but it's just as important to be given the opportunity to put your new-found language skills into practice. Our activity programme offers a range of free or inexpensive activities and excursions, to broaden your knowledge of your host city and to get talking in real life situations. From walking tours and museum visits, to weekend trips and Friday tea parties, we've got something for everyone!

## St. Petersburg

Wandering round the historic centre of St. Petersburg is one of the joys of this magnificent city, and our free walking tour will help you experience its many architectural delights. We also offer excursions to two of the Tsar's former residences - the Peterhof Palace and the Ekaterinsky Palace - where you will get a flavour of the opulence and majesty of life in imperial Russia. In addition, our programme includes a boat tour, Russian cookery lessons, a brewery excursion and trips to nearby Veliky Novgorod and Pavlovsk.

## Moscow

There's more to Moscow than the world famous Red Square, with the Kremlin and iconic St Basil's Cathedral, though that's rightly top of most visitors wish list and part of our activity programme. From the towering 'Seven Sisters' skyscrapers to the rebuilt Church of Christ the Saviour, there are reminders of Russia's history under communist rule everywhere. Included in

our schedule are trips to the world famous Moscow Zoo, Gorky Park, an open air cinema and a fascinating range of historic museums and galleries.

## Riga

Riga, Latvia's capital and the largest city in the Baltic States, has architecture which spans the centuries, most notably a medieval centre and one of the world's finest collections of Art Nouveau buildings. You will get to know the historical centre well during your time here, with tours to the Central Market, and rides around the city on the renovated tram. There are also excursions to the seaside suburb of Jurmala. On Fridays you can relax with your teachers as you enjoy a traditional Russian tea party.



*A huge plus for me is the cultural and social activities that the school organizes. These programs are great, not just for the insight into the history and culture, but also because they provide an easy way to get to know the other students."*

Joanne Beth Garfield USA





# Liden & Denz

Intercultural Institute of Languages

ST PETERSBURG • MOSCOW • RIGA

